

3. IJATM MANUSCRIPT POLICY

IJATM MANUSCRIPT GUIDELINE:

Introduction: A manuscript is to be duly prepared following the Requirement for Manuscripts. IJATM follows “[Uniform Requirements for manuscripts submitted to biomedical Journals](#)” for accepting articles for publish.

Before you start..... Basic, You must know!!!

Research & Reporting Guidelines

Manuscripts submitted to IJATM journals prioritises to conform to the following guidelines as appropriate:

CONSORT guidelines for Randomized Controlled Trials <http://www.consort-statement.org/>

STROBE (& MOOSE) guidelines for observational studies <http://www.strobe-statement.org/>

PRISMA (& MOOSE) guidelines for systematic reviews and meta-analyses <http://www.prisma-statement.org/>

STARD guidelines for studies of diagnostic accuracy <http://www.stard-statement.org/>

MIAME checklist for genomic and proteomic studies <http://fged.org/projects/miame/>

NIH principles and guidelines for reporting preclinical research <http://www.nih.gov/about/reporting-preclinical-research.htm>

Authors are encouraged to review the standards available for many research applications from <http://www.equator-network.org/> and use those that are relevant for the reported research applications.

Clinical Trial registration:

IJATM recommends clinical trial articles registered in the [CTRI \(The Clinical Trials Registry- India \(CTRI\)\)](#) or respective National Clinical Trials Registry.

TEMPLATES

The majority of the submitted manuscript lack proper formatting, on the top of that heading and subheading, is not correctly written. Therefore, we encourage you to use the appropriate template for your manuscript. Some of the major instructions, where authors get confused/ misses the format is commented at templates. Authors are instructed to choose their article-type template; - prepare their manuscripts on template format specific to article type along with following guidelines for manuscript (this document) side-wise- side.

1. Original Article Template
2. Case Report Template
3. Review Article Template
4. Traditional Knowledge Template (Original article format is mentioned, in case of Traditional Knowledge review or case report, author can sent as according to their prioritize Template format, for Traditional Knowledge Category.)
5. Miscellaneous Template
6. Letter to the Editor Template

The IJATM article categorization and its description are mentioned in IJATM AUTHOR GUIDELINE.

Starting,

IJATM MANUSCRIPT:

Organization: *Typing*

- Multiple 1.15 spaced throughout with Justified and 2.5 cm margins
- Title- font size 16, Headings - font size 14, subheading- font size 12 (all in BOLD).
- Text -Font type is Times New Roman with a size 12.
- The manuscript should have a uniform style, correct journal format, carefully proofread for grammar, spelling and punctuation.
- Ayurveda and Traditional Knowledge or Traditional Cultural Expressions related terms to be indexed in Italic font.

Manuscript format

In general, the original article should be divided into following sections: Title page, Abstract, Text, Acknowledgement, References, Tables with titles and footnotes, alternatively graph with title and Illustrations with legends. Each of the sections is to start on a separate page. Pages should be numbered consecutively beginning from the abstract.

Manuscript Translating Words:

Authors are suggested to translate Ayurveda words to superficial English parallels (follow NATIONAL AYUSH MORBIDITY AND STANDARDIZED TERMINOLOGIES- [NAMASTE Portal](#)). In case of unavailability of Standard Ayurveda Terminologies, provide translated terminology along with symbol index (~). The translation terminology to be duly mentioned once at the first word of the article, and not compulsive to translate in running text.

Example: Following are some terminology available at NAMASTE: *Padhartha* (knowable objects), *Satwo* (purity or goodness), *Tama* (delusion, ignorance), *Dosha* (regulatory functional factors of the body), *Vaidya* (physician), *Basti* (urinary bladder) as it has been provided standard terminology in database (<http://namstp.ayush.gov.in/#/sat>).

Example: In case of non-availability of the Standard Ayurveda Terminology on the database or according to the context of the article, mention as following: *Luta Visha* (~spider poison), *Kamala* (~jaundice), *Basti* (~medicated enema).

Title page:

1. Title of the article.
2. Names of all authors with institutional affiliations.
3. Name of the department and institute where the study was undertaken.
4. Name of the corresponding author with contact. address, telephone number, Email address.
5. Number of pages
6. Number of tables
7. Number of figures given
8. Word count of abstract and text
9. Disclosure of sources of funding or sponsor A short running head.
10. Presentation (if any)
11. Disclosure of conflict of interest if any

Abstract:

- Title of the article
- Structured with headings (Introduction, Methods, Results & Conclusions).
- The author's name should not be given.
- Preferably within about 350 words.
- Avoid abbreviations in the title and abstract except standard abbreviation.
- A non-structured abstract is suggested for review articles and case reports.

Keywords:

3-5 words arranged alphabetically, separated by a semicolon and ending with full stop.

TEXT:

- Text should be arranged into the following sections: Introduction, Methods, Results, Discussion, Conclusions, Acknowledgement, & References (all in Uppercase and Bold).

Introduction:

- Statement of the problem with a short discussion of its importance and significance
- Review of the literature related to the problem with pertinent reference.
- Objectives/ hypothesis/ benefits expected stated in 1-2 paragraph.

Methods:

- Study type, place and time.
- Description of study variables.
- Description of study subjects and grouping.
- Selection criteria.
- Approval of the study involving human subjects by an ethical review committee and description of the ethical aspects in such study.
- Description of procedure, methods, apparatus, drugs or chemicals as applicable.
- Description of statistical procedure with enough detail to enable a knowledgeable reader with access to the original data to verify the reported results.

Results:

- Present result in logical sequence in text, table and illustration with the most important finding first.
- Describe without comment.
- Restrict number of tables and figures needed to support assessment of paper (max 5-7).
- Do not duplicate data in tables and figures.

Table:

- Simple self-explanatory with brief title, not duplicate in text.
- Each table should be numbered in Romans and printed on a separate page.
- Do not use internal horizontal and vertical rules .Uses of many tables are not encouraged.
- Identify statistical measures of variations, such as standard deviation and standard error of the mean.
- Be sure that each table is cited in the text.

Illustration:

- All illustrations must be numbered consecutively in Arabic numerals as they appear in the text.
- Submit a print photograph/ copy of each illustration along with its electronic file.

- Figure number, title of manuscript, the name of the corresponding author and arrow indicating top should be written on a sticky label affixed on the back of each.
- Scanned picture, graph, chart with title and figures number should be printed on a separate page and original data presentation file should be inserted in the CD along with text.

*Please read IJATM Author Checklist- Requirement 6.

Legend:

- Must be typed in a separate sheet of paper.
- Photomicrograph should indicate the magnification, internal scale and the method of staining.

Acknowledgement:

Individuals, institution, sponsor, organization or bodies can be acknowledged in the article for their contribution or financial or any form of assistance to the work.

References:

Standard format of IJATM for referencing is to be properly followed which is mentioned below.

Abbreviations and Symbols

Use only standard abbreviations; the use of non-standard abbreviations can be extremely confusing to readers. Avoid abbreviations in the title. The full term for which an abbreviation stands should precede its first use in the text unless it is a standard unit of measurement. Do not use abbreviations like @, & in the text.

Units of Measurement

- Ayurveda measurements of length, height, weight, and volume should also be reported in metric units (meter, kilogram, or liter) or their decimal multiples.
 - Temperatures should be in degrees Celsius.
 - Blood pressures should be in millimeters of mercury.
 - Author should report laboratory information in both the local and International System of Units (SI). Drug concentrations may be reported in either SI or mass units, but the alternative should be provided in parentheses where appropriate.
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REFERENCES STYLE AND FORMAT:

For reference, use author number style (Vancouver) which is based on an ANSI standard adopted by the National Library of Medicine(NLM). Editors follow Citing Medicine Citing. For any confusion, please follow the “[Citing Medicine: The NLM Style Guide for Authors, Editors, and Publishers \[Internet\]. 2nd edition](#)”.

- References should be numbered consecutively in the order in which they are first mentioned in the text
- Identify references in the text, tables and legends by Arabic numerals in superscript.
- All citations to electronic references should be presented in numbered references following the text
- The titles of the journals should be abbreviated according to the style used in [Index Medicus](#).
- Write names of 6 authors followed by et al. if the author’s number is more than six.
- *The reference list is not usually checked by the reviewer. It is the total responsibility of author to provide accurate information. The references comment may be obtained from editorial team.*

Basic Rules from IJATM:

- Capitalize name and surnames and enter spaces within according to appear in the document cited on the assumption that the author approved the form used, like Gunjan Garg.
- Begin location with "p." followed by a space. Enter the page number or numbers for the part, such as p. 438 and p. 663-4. Enter the total page number for entire books citation or standard pagination with page number followed by "p", such as 660p. (Careful its small p, not capital P).
- Enter "Vol." and a space. Follow the abbreviation for volume with the number of the volume. Use arabic numbers only. For example: convert VI or Six to 6, like Vol. 6.
- Mention available “Pubmed Number”, “Accessed Link of Reference”, “DOI Number, and for references, especially Journal articles references. (Although, DOI Numbering is not mentioned in our Guiding citations examples).

Example: Doni PK, Janaki CS, Vijayaraghavan V, Delhiraj U. A study on measurement and correlation of cephalic and facial indices in males of south Indian population. Int J Med Res Health Sci. 2013;2(3):439-46. [[Pubmed ID](#) | [Link of Reference](#) | [DOI](#)].

Referencing Ayurveda Classics

(This structured has been formulated by IJATM Team Members, it may not be similar to other Journals Referencing outline).

Basic Rules:

- Author (mentioned what is indexed in book only, do not alter for surname and first name) has to be mentioned if only provided in the book.
- If no any direct name authors is provided, then start the reference with editors or even translators in absence of editors. Editors/ Translators differentiation is to be made properly based on the information provided in particular book only.
- Mention the Textbook name (including subheading of Textbook) in Title of the Book, like Ashtanga Samgraha of Vagbhata : Commentary Shashilekha of Indu.
- Provide position of the verse/ text after completion of the date of publication only in Italic, separated by comma (,), followed by full stop (.) at the end, like *Sutrasthan, Chapter 6, Verse 10-6*.
- References from a classical text, like Samhita, are more than three, then please cite once the reference of the text and add numbers of verses in running text. Like: .¹[Chikitsa Sthana, chapter 15, verse 21] following completing the reference sentences explaining in a paragraph. These references will be also counted as individual references in review study.

Text from a classic:

Sharma S, editor. Ashtanga Samgraha of Vagbhata. 1st ed. Vol. 2. Varanasi: Chowkhambha Sanskrit Series, 2006. *Sutrasthan, Chapter 6, Verse 10-6*. p. 37-38.

Verse /Text in a commentary on classic:

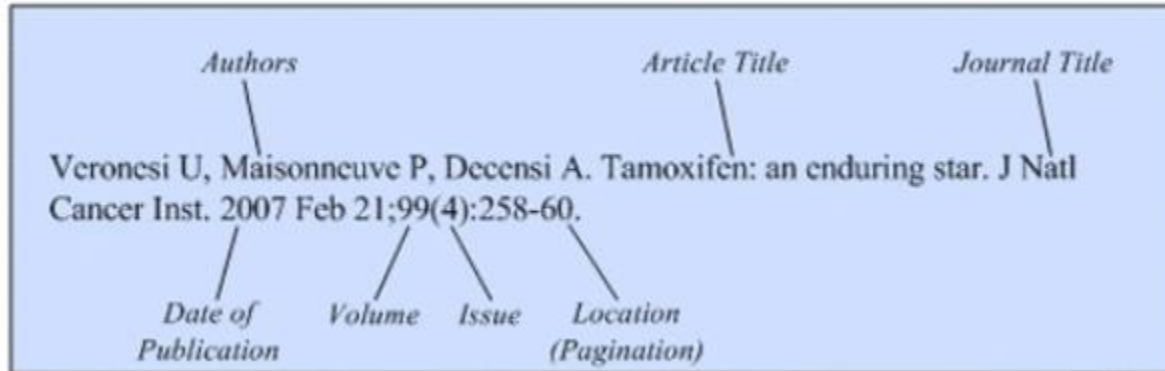
Sharma S, editor. Ashtanga Samgraha of Vagbhata : Commentary Shashilekha of Indu. 2nd ed.vol. 3. Varanasi: Chowkhambha Sanskrit Series, 2006. *Sootra Sthana (Dravadravya Vidnyaniya), Chapter 6, Verse 10-16*. p. 37-38.

Yadav Trikamji Acharya, editor. Sushruta Samhita. Varanasi:Chaukhambha Sanskrit Sansthan; 2007. *Sharirasthan, chapter 4, verse 65-76*. p. 361.

Note: Please note again that if the references from a classical text/ Traditional Knowledge Book (e.g. Samhita) are more than three, then please cite once the reference of the text and add numbers of verses in running text.

Journal Article:**Rules and Examples:**

The general format for a reference to a journal article, including punctuation:



Rastan S, Hough T, Kierman A, et al. Towards a mutant map of the mouse-new models of neurological, behavioural, deafness, bone, renal and blood disorders. *Genetica*. 2004;122(1):47-9.

Journal article with organization as author:

Institute of Medical Illustrators. Photography of cleft audit patients. *J Audiov Media Med*. 2004;27(4):170-4.

Journal article with multiple organizations as author:

Sociedade Portuguesa de Pneumologia; Comissao de Infecciologia Respiratoria. Portuguese Respiratory Society guidelines for the management of community-acquired pneumonia in immunocompetent adults. *Rev Port Pneumol*. 2003 Sep-Oct;9(5):435-61. Portuguese.

Journal article with Governmental body as author:

National Institute on Drug Abuse (US); Caribbean Epidemiology Centre; Pan American Health Organization; World Health Organization. Building a collaborative research agenda: drug abuse and HIV/AIDS in the Caribbean 2002- 2004. *West Indian Med J*. 2004 Nov; 53 Suppl 4: 1-78.

Books

Citation Rules with Examples for Entire Books

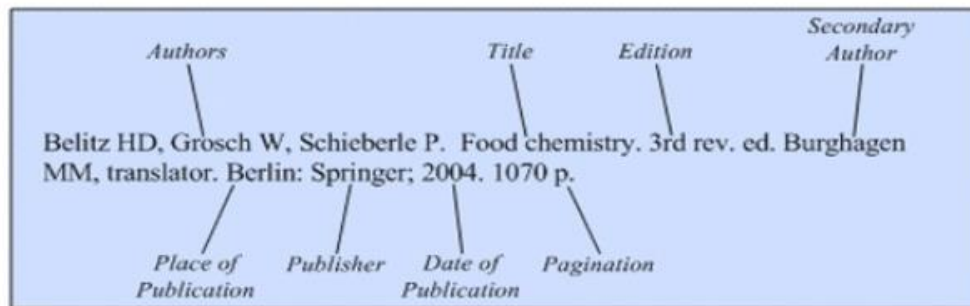
Go to:

Components/elements are listed in the order they should appear in a reference. An R after the component name means that it is required in the citation; an O after the name means it is optional.

[Author/Editor \(R\)](#) | [Author Affiliation \(O\)](#) | [Title \(R\)](#) | [Content Type \(O\)](#) | [Type of Medium \(R\)](#) | [Edition \(R\)](#) | [Editor and other Secondary Authors \(O\)](#) | [Place of Publication \(R\)](#) | [Publisher \(R\)](#) | [Date of Publication \(R\)](#) | [Pagination \(O\)](#) | [Physical Description \(O\)](#) | [Series \(O\)](#) | [Language \(R\)](#) | [Notes \(O\)](#)

A. Sample Citation and Introduction to Citing Entire Books

The general format for a reference to a book, including punctuation:



Iverson C, Flanagan A, Fontanarosa PB, et al. American Medical Association manual of style. 9th ed. Baltimore (MD): Williams & Wilkins; 1998. 660 p.

Contributed chapter of a book:

Rojko JL, Hardy WD. Feline leukemia virus and other retroviruses. In: Sherding RG, editor. The cat: Livingstone; clinical management. New York: Churchill Livingstone; 1989. p. 229-332.

Book with author(s) and editor(s)/translator(s)/illustrator(s):

Bosch F, Klomp R. Running: biomechanics and exercise physiology applied in practice. Bosch F, illustrator; Roodyn DB, editor; Boer-Stallman DW, translator. Edinburgh (Scotland): Elsevier Churchill Livingstone; c2005. 413 p.

Book with standard pagination:

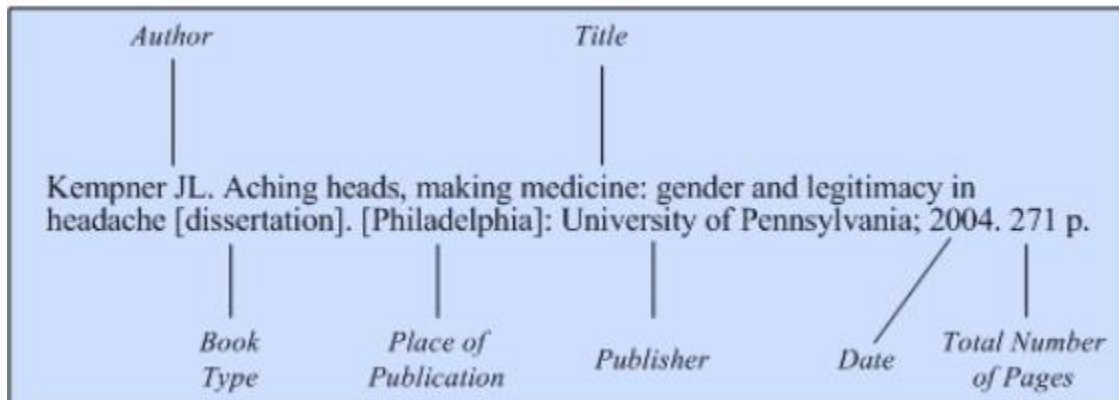
Annas GJ. American bioethics: crossing human rights and health law boundaries. New York: Oxford University Press; 2005. 244 p.

Book with an edition:

- Brown AF. Accident and emergency: diagnosis and management. 4th ed. New York: Arnold; 2002. 442 p.
- Belitz HD, Grosch W, Schieberle P. Food chemistry. 3rd rev. ed. Burghagen MM, translator. Berlin: Springer; 2004. 1070 p.

Book with unknown place of publication and publisher:

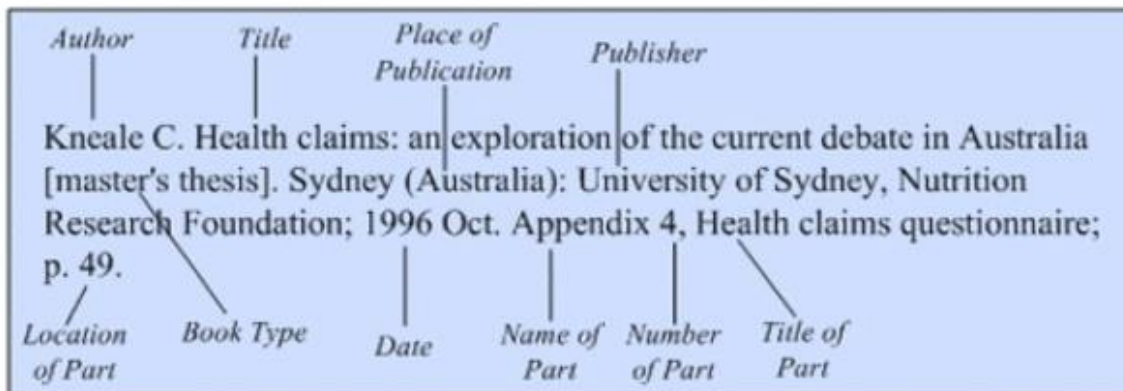
Amjad H, translator. On the joints, arthritic pain: an early 13th century treatise on arthritis. [place unknown: publisher unknown]; 1996. 13 p.

Dissertation & Thesis:**Entire Reference**

Kempner JL. Aching heads, making medicine: gender and legitimacy in headache [dissertation]. Philadelphia: University of Pennsylvania; 2004. 271p.

Alam M. Study of Heart Rate Variability in Adolescent Athletes [M Phil thesis]. Dhaka: Bangabandhu Sheikh Mujib Medical University; 2008. 178p.

The general format for a reference to a part of a master's thesis, including punctuation:

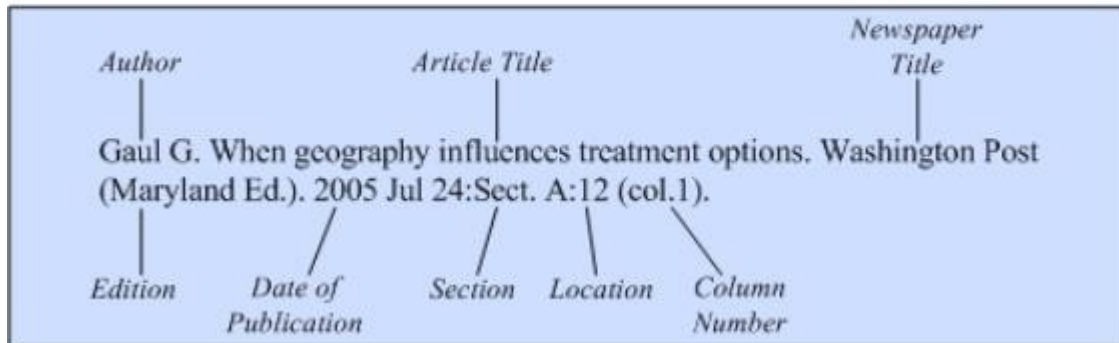


Lemov RM. The laboratory imagination: experiments in human and social engineering [dissertation]. Berkeley: University of California, Berkeley; 2000. Chapter 2, Running the maze: animal and human experiments; p. 67-130.

Newspaper Articles

Sample Citation and Introduction to Citing Newspaper Articles

The general format for a reference to a newspaper article, including punctuation:



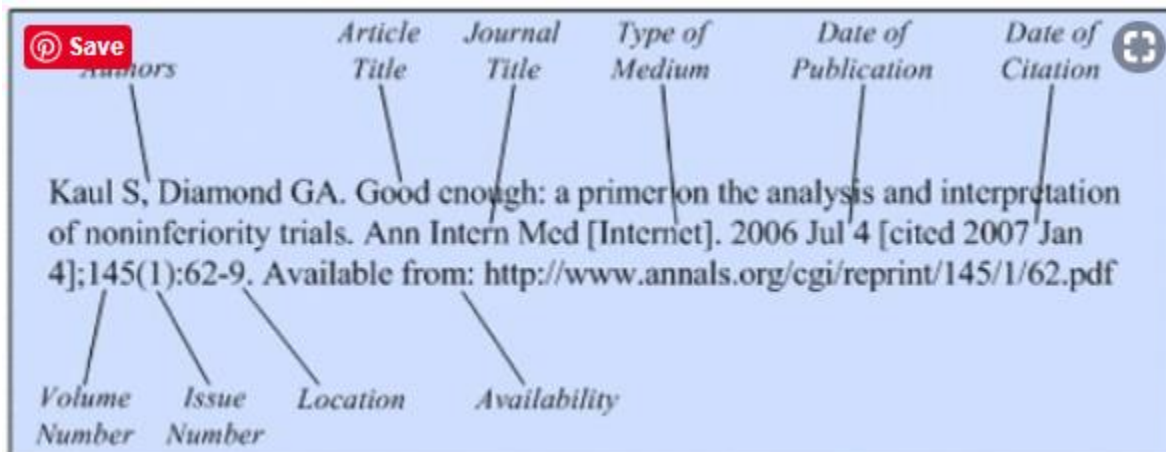
Perez Pena R. Chernobyl takes its toll among emigres in U.S. New York Times (Washington Final). 2006 Apr 20;Sect. A:23 (col. 1).

Newspaper article on the Internet

Grady D. Jump in doctor visits and deaths in flu season. New York Times [Internet]. 2008 Apr 18 [cited 2008 Dec 19];Research:[about 4 screens]. Available from: <http://www.nytimes.com/2008/04/18/health/research/18flu.html?scp=7&sq=flu%20season&st=cse>

Citing Material on the Internet (Online)

Journal article in internet:

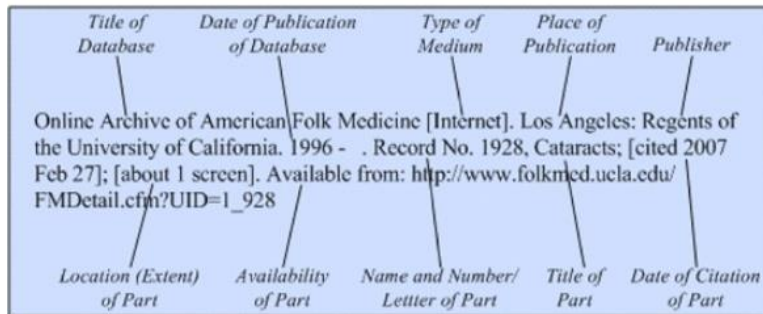


Books on the internet:

Kasper DL, Braunwald E, Fauci AS, et al., editors. Harrison's online [Internet]. 16th ed. Columbus (OH): McGraw-Hill Companies; c2006 [cited 2006 Nov 20]. Available from: <http://www.accessmedicine.com/resourceTOC.aspx?resourceID=4>

B. Sample Citation and Introduction to Citing Parts of Database Internet

The general format for a reference to a part of a database on the Internet, including :

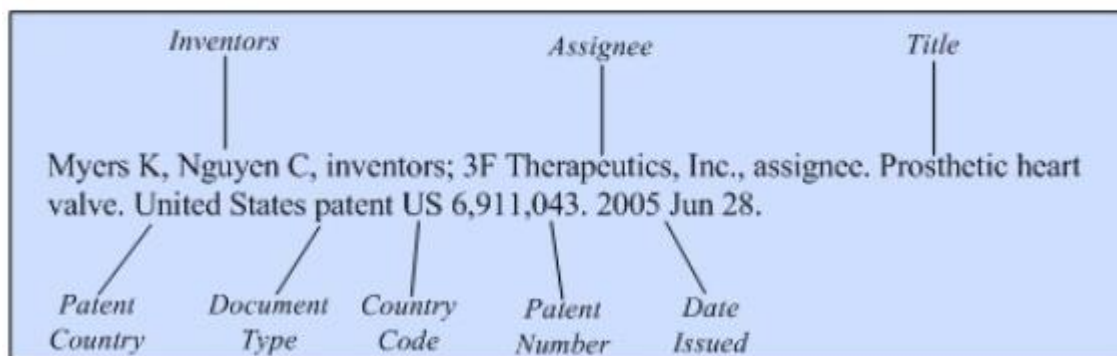


Online Archive of American Folk Medicine [Internet]. Los Angeles: Regents of the University of California. 1996 - . Record No. 1928, Cataracts; [cited 2007 Feb 27]; [about 1 screen]. Available from: http://www.folkmed.ucla.edu/FMDetail.cfm?UID=1_928

Patents Citation:

Sample Citation and Introduction to Citing Patents

The general format for a reference to a patent, including punctuation:



Patent issued by a regional office

Cameron B, Crouzet J, inventors; Rhone-Poulenc Biochimie, assignee. Cells with altered betaine catabolism, their preparation and their use, in particular for producing metabolites or enzymes. European patent EP 0 673 422 B1. 2006 Jan 4. French.

Patent issued by WIPO

Ottersbach P, Lohmer G, inventors; Creavis Gesellschaft fur Technologit und Innovation MBH, assignee. Method for modifying polymer substrates by surface fixing of functional macromolecules. World patent WO 00/44818. 2000 Aug 3. German.

Conference Publications

Conference Proceedings:

Dostrovsky, Jonathan O.; Carr, Daniel B.; Koltzenburg, Martin, editors. **Proceedings of the 10th World Congress on Pain; 2002 Aug 17-22; San Diego, CA. Seattle: IASP Press; c2003. 937 p.**

Parts of Conference Papers:

Rice, Andrew S.; Farquhar-Smith, W. Paul; Bridges, Daniel; Brooks, Jason W. **Canabinoids and pain.** Proceedings of the 10th World Congress on Pain; 2002 Aug 17-22; San Diego, CA. Seattle (WA): IASP Press; c2003. p. 437-68.

Book title in addition to the conference title:

Ferreira de Oliveira MJ, editor. **Accessibility and quality of health services.** The 28th Meeting of the European Working Group on Operational Research Applied to Health Services (ORAHS); 2002 Jul 28-Aug 2; Rio de Janeiro, Brazil. Frankfurt (Germany): Peter Lang; c2004. 287 p.

Abstract of a paper

Chiarenza GA, De Marchi I, Colombo L, Olgiati P, Trevisan C, Casarotto S. Neuropsychophysiological profile of children with developmental dyslexia **[abstract].** The olympics of the brain. Abstracts of the 12th World Congress of Psychophysiology; 2004 Sep 18-23; Thessaloniki, Greece. Amsterdam (Netherlands): Elsevier; 2004. p. 16.

Parts of Conference Papers (Appendix/ Figure/ Table)

Acar J, Rostel B. Antimicrobial resistance: an overview. 2nd International Conference on Antimicrobial Resistance; 2001 Oct 2-4; Paris. Paris: OIC; c2003. **Appendix B, World Organisation for Animal Health Guidelines on antimicrobial resistance; p. 67.**

Scientific and Technical Reports:

Page E, Harney JM. Health hazard evaluation report. **Cincinnati: National Institute for Occupational Safety and Health (US); 2001 Feb. 24 p. Report No.: HETA2000-0139-2824.**

Moscovice IS. **Rural health networks: evolving organizational forms & functions.** Minneapolis (MN): University of Minnesota, School of Public Health, Rural Health Research Center; 2003. 47 p. **Grant No.: 032659. Supported by the Robert Wood Johnson Foundation.**